

The New York State Multiple Sclerosis Consortium

Patient's First, Middle, and Last Initials

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| | | |
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12. Please indicate your present living situation

Private residence (including apartments)

- Indicate those who live with you at the present time at your residence. (Check all that apply)
- | | |
|---------------------------------|---|
| <input type="radio"/> Spouse | <input type="radio"/> No one (living alone) |
| <input type="radio"/> Children | <input type="radio"/> Friend(s) |
| <input type="radio"/> Parent(s) | <input type="radio"/> Other Relative |

Institutional setting

- Indicate the type of facility that describes your situation.
- | | |
|------------------------------------|--|
| <input type="radio"/> Nursing home | <input type="radio"/> Other type of facility |
|------------------------------------|--|

13. Marital Status

- | | |
|-------------------------------------|----------------------------------|
| <input type="radio"/> Never married | <input type="radio"/> Divorced |
| <input type="radio"/> Married | <input type="radio"/> Widow/er |
| <input type="radio"/> Separated | <input type="radio"/> Cohabiting |

14. Do you have a family history of MS in blood relatives? No Yes

Specify

Is relative listed above a twin?

- Not a twin Fraternal Identical

15. Are you a twin? Not a twin Fraternal Identical

16. Do you or any blood relatives have any of the following conditions?

(Check all that apply and specify relation of afflicted family member).

| | | | | | |
|--------------------------------------|------------------------------|--------------------------------|----------------------------|---------|--|
| Lupus erythematosus | <input type="radio"/> Myself | <input type="radio"/> Relative | <input type="radio"/> Both | Specify | <div style="border: 1px solid black; height: 15px;"></div> |
| Rheumatoid arthritis | <input type="radio"/> Myself | <input type="radio"/> Relative | <input type="radio"/> Both | Specify | <div style="border: 1px solid black; height: 15px;"></div> |
| Crohn's (inflammatory bowel) disease | <input type="radio"/> Myself | <input type="radio"/> Relative | <input type="radio"/> Both | Specify | <div style="border: 1px solid black; height: 15px;"></div> |
| Juvenile diabetes mellitus | <input type="radio"/> Myself | <input type="radio"/> Relative | <input type="radio"/> Both | Specify | <div style="border: 1px solid black; height: 15px;"></div> |
| Manic depressive illness | <input type="radio"/> Myself | <input type="radio"/> Relative | <input type="radio"/> Both | Specify | <div style="border: 1px solid black; height: 15px;"></div> |
| Psoriasis | <input type="radio"/> Myself | <input type="radio"/> Relative | <input type="radio"/> Both | Specify | <div style="border: 1px solid black; height: 15px;"></div> |
| Allergies | <input type="radio"/> Myself | <input type="radio"/> Relative | <input type="radio"/> Both | Specify | <div style="border: 1px solid black; height: 15px;"></div> |
| Thyroiditis | <input type="radio"/> Myself | <input type="radio"/> Relative | <input type="radio"/> Both | Specify | <div style="border: 1px solid black; height: 15px;"></div> |
| Myasthenia gravis | <input type="radio"/> Myself | <input type="radio"/> Relative | <input type="radio"/> Both | Specify | <div style="border: 1px solid black; height: 15px;"></div> |
| Other Illness | <input type="radio"/> Myself | <input type="radio"/> Relative | <input type="radio"/> Both | Specify | <div style="border: 1px solid black; height: 15px;"></div> |

17. For each of the following activities, please check each response indicating your level of difficulty:

(4) No difficulty (and you can easily perform the activity)

(3) Some difficulty (but you can perform the activity well enough)

(2) A lot of difficulty (but you can still do the activity)

(1) Unable (you cannot do this activity or else someone helps you with it)

(0) Not applicable (you choose not to do this activity)

| | | | | | |
|---|---|--|---|--|---|
| | (4) No difficulty (and you can easily perform the activity) | (3) Some difficulty (but you can perform the activity well enough) | (2) A lot of difficulty (but you can still do the activity) | (1) Unable (you cannot do this activity or else someone helps you with it) | (0) Not applicable (you choose not to do this activity) |
| Getting up from a low seat like a sofa | ○ 4 | ○ 3 | ○ 2 | ○ 1 | ○ 0 |
| Climbing a flight of stairs | ○ 4 | ○ 3 | ○ 2 | ○ 1 | ○ 0 |
| Standing a long time, like for 30 minutes | ○ 4 | ○ 3 | ○ 2 | ○ 1 | ○ 0 |
| Driving an automobile | ○ 4 | ○ 3 | ○ 2 | ○ 1 | ○ 0 |

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18. Are you having any pain? No Yes

What was the extent of your pain during the past 3 days including today?

Mild pain Discomforting pain Distressing pain Horrible pain Excruciating pain

19. How satisfied are you with life in general? (Check only one)

Not satisfied More satisfied than not satisfied Fairly well satisfied Very well satisfied

20. For each of the following areas, please check each response indicating your level of limitation:

| | | (7) No limitation | | (6) None to mild limitation | | (5) Mild limitation | | (4) Mild to moderate limitation | | (3) Moderate limitation | | (2) Moderate to severe limitation | | (1) Severe limitation |
|--------------------|-----------------------|-------------------|-----------------------|-----------------------------|-----------------------|---------------------|-----------------------|---------------------------------|-----------------------|-------------------------|-----------------------|-----------------------------------|-----------------------|-----------------------|
| Left upper limb | <input type="radio"/> | 7 | <input type="radio"/> | 6 | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Right upper limb | <input type="radio"/> | 7 | <input type="radio"/> | 6 | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Right lower limb | <input type="radio"/> | 7 | <input type="radio"/> | 6 | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Left lower limb | <input type="radio"/> | 7 | <input type="radio"/> | 6 | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Bowel continence | <input type="radio"/> | 7 | <input type="radio"/> | 6 | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Bladder continence | <input type="radio"/> | 7 | <input type="radio"/> | 6 | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Fatigability | <input type="radio"/> | 7 | <input type="radio"/> | 6 | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Vision | <input type="radio"/> | 7 | <input type="radio"/> | 6 | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |

21. How much have you been bothered or worried during the past 7 days by the following moods? Please check each response:

| | | (5) Not bothered or worried | | (4) Mildly | | (3) Moderately | | (2) Quite a bit | | (1) Extremely |
|--|-----------------------|-----------------------------|-----------------------|------------|-----------------------|----------------|-----------------------|-----------------|-----------------------|---------------|
| Feeling lonesome | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Feeling pessimistic about your future | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Feeling uptight, tense or stressed out | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Having panic attacks | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Feeling easily irritated or annoyed | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Having morbid or gloomy thoughts | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |
| Blaming yourself | <input type="radio"/> | 5 | <input type="radio"/> | 4 | <input type="radio"/> | 3 | <input type="radio"/> | 2 | <input type="radio"/> | 1 |

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22. Have you suffered a fracture since being diagnosed with MS? Yes No

23. Are you presently using complementary therapies (non-traditional medicine; i.e., acupuncture, herbs, chiropractic, massage)?

Yes No

Patient questions end here.

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23. Date of first MS Symptom:

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| M | M | D | D | Y | Y | Y | Y |
| | | | | | | | |

Indicate date of first onset of MS symptoms.

24. First MS Medical Diagnosis:

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| M | M | D | D | Y | Y | Y | Y |
| | | | | | | | |

List the date of first medical diagnosis of MS.

25. Please indicate method of payment for services: (Check all that apply)

| | | |
|--|--|--|
| <input type="radio"/> Self-pay | <input type="radio"/> Medicaid | <input type="radio"/> Commercial insurance / Fee for service / or indemnity plan |
| <input type="radio"/> Medicare | <input type="radio"/> None | <input type="radio"/> Managed care or health maintenance organization (HMO) |
| <input type="radio"/> Research funding | <input type="radio"/> Uniformed services insurance (CHAMPUS) | |

26. MS disease status and relapse characteristics:

Relapse or exacerbation is defined as the development of new neurologic symptoms or worsening of pre-existing neurologic symptoms, lasting 48 hours, accompanied by objective changes on examination, indicating deterioration when the course had been stationary, or improving during the previous month.

Relapsing/Remitting →

Secondary progressive →

Progressive relapsing →

Primary progressive →

Other (specify)

a. Please indicate the number of relapses or exacerbations the patient has experienced in the past 3 years. Number of events

b. If the patient has been exacerbating for less than 3 years, indicate the number of months from their first relapse until the time of this visit.
 Number of months Or Patient has been relapsing for 3 or more years.

c. Is patient exacerbating at the time of this visit? No Yes

Go to question 27

| 27. Functional Scores | | | | | | | | 28. Kurtzke EDSS at registration visit | |
|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|--|---------------------------|
| Pyramidal | Cerebellar | Brain Stem | Sensory | Bowel and bladder | Visual | Cerebral | Other functions | Zero | 5.5 |
| <input type="radio"/> 0 | <input type="radio"/> 0 | <input type="radio"/> 0 | <input type="radio"/> 0 | <input type="radio"/> 0 | <input type="radio"/> 0 | <input type="radio"/> 0 | <input type="radio"/> 0 | <input type="radio"/> 0 | <input type="radio"/> 5.5 |
| <input type="radio"/> 1 | <input type="radio"/> 1 | <input type="radio"/> 1 | <input type="radio"/> 1 | <input type="radio"/> 1 | <input type="radio"/> 1 | <input type="radio"/> 1 | <input type="radio"/> 1 | <input type="radio"/> 1.0 | <input type="radio"/> 6.0 |
| <input type="radio"/> 2 | <input type="radio"/> 2 | <input type="radio"/> 2 | <input type="radio"/> 2 | <input type="radio"/> 2 | <input type="radio"/> 2 | <input type="radio"/> 2 | <input type="radio"/> 2 | <input type="radio"/> 1.5 | <input type="radio"/> 6.5 |
| <input type="radio"/> 3 | <input type="radio"/> 3 | <input type="radio"/> 3 | <input type="radio"/> 3 | <input type="radio"/> 3 | <input type="radio"/> 3 | <input type="radio"/> 3 | <input type="radio"/> 3 | <input type="radio"/> 2.0 | <input type="radio"/> 7.0 |
| <input type="radio"/> 4 | <input type="radio"/> 4 | <input type="radio"/> 4 | <input type="radio"/> 4 | <input type="radio"/> 4 | <input type="radio"/> 4 | <input type="radio"/> 4 | <input type="radio"/> 4 | <input type="radio"/> 2.5 | <input type="radio"/> 7.5 |
| <input type="radio"/> 5 | <input type="radio"/> 5 | <input type="radio"/> 5 | <input type="radio"/> 5 | <input type="radio"/> 5 | <input type="radio"/> 5 | <input type="radio"/> 5 | <input type="radio"/> 5 | <input type="radio"/> 3.0 | <input type="radio"/> 8.0 |
| <input type="radio"/> 6 | <input type="radio"/> V | <input type="radio"/> V | <input type="radio"/> 6 | <input type="radio"/> 6 | <input type="radio"/> 6 | <input type="radio"/> 6 | <input type="radio"/> V | <input type="radio"/> 3.5 | <input type="radio"/> 8.5 |
| <input type="radio"/> V | <input type="radio"/> X | | <input type="radio"/> V | <input type="radio"/> 6 | <input type="radio"/> V | <input type="radio"/> V | | <input type="radio"/> 4.0 | <input type="radio"/> 9.0 |
| | | | | <input type="radio"/> V | <input type="radio"/> X | | | <input type="radio"/> 4.5 | <input type="radio"/> 9.5 |
| | | | | | | | | <input type="radio"/> 5.0 | |

29. **a.** Timed ambulation for twenty-five (25) feet in seconds. (Please address both parts of this test: time and assistance)

| | | | | |
|--|--|--|--|--|
| | | | | |
|--|--|--|--|--|

b. Assistance: (Indicate level of assistance necessary to complete 25 ft. walk.)

Unassisted Assist of one Assist of two Unable to perform test

30. Optional Supplement 9-hole peg test: indicate the number of seconds it takes to complete the test for each hand, and indicate the dominant hand.

a. Right hand **b.** Left hand **c.** Indicate dominant hand

| | | | | | | | | | | |
|--|--|--|--|--|--|--|--|--|--|--|
| | | | | | | | | | | |
|--|--|--|--|--|--|--|--|--|--|--|

Right Left Ambidextrous Unable to perform test

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31. a. Magnetic Resonance Imaging

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | | / | | | / | | | | |
| M | M | | D | D | | Y | Y | Y | Y |

Indicate date of last neurologic MRI scan

b. Is brain MRI ...

- Not performed
- Normal?
- Abnormal?

c. Is MRI supportive of diagnosis of MS?

- Yes
- No
- Test inconclusive
- Test not performed/unknown if test performed

32. Cerebrospinal Fluid Parameters

a. Are CSF IgG parameters supportive of diagnosis of MS?

- Yes
- No
- Test inconclusive
- Test not performed/unknown if test performed

b. Are oligoclonal bands present in the CSF but not in the blood?

- Yes
- No
- Test inconclusive
- Test not performed/unknown if test performed

c. Are free kappa light chains elevated in the CSF?

- Yes
- No
- Test inconclusive
- Test not performed/unknown if test performed

33. Indicate the types of MS therapies the patient has received in the past or whether the patient is presently receiving the therapy: (Choose all that apply.) Also indicate the number of months the patient has received the therapy, combining past and present use (i.e., if the patient was taking the therapy for 3 months, had a break in treatment and now has been taking the therapy for 6 months, the total duration of use is 9 months).

| Duration of use (months) | Past use | Present use | |
|--------------------------|----------|-------------|--|
| | | | <input type="radio"/> <input type="radio"/> Azathioprine (Imuran) |
| | | | <input type="radio"/> <input type="radio"/> Glatiramer acetate (Copaxone) |
| | | | <input type="radio"/> <input type="radio"/> Cyclophosphamide (Cytoxan) |
| | | | <input type="radio"/> <input type="radio"/> Interferon beta-1a (Avonex) |
| | | | <input type="radio"/> <input type="radio"/> Interferon beta-1b (Betaseron) |
| | | | <input type="radio"/> <input type="radio"/> Methotrexate |
| | | | <input type="radio"/> <input type="radio"/> IVIg |
| | | | <input type="radio"/> <input type="radio"/> Other (specify) |
| | | | |
| | | | <input type="radio"/> <input type="radio"/> Other (specify) |
| | | | |

34. Please indicate the patient's past and present use of Steroids (Prednisone, Solumedrol, Decadron, ACTH), the type of therapy regimen and the duration of use.

Past use Present use

- Steroids

If the patient has been treated with steroids:

a. Has the treatment been episodic during past year (i.e., for exacerbation symptoms only)?

- Yes No → **Go to part b**

↳ **No further questions**

b. Has the patient been treated with regular pulses during past year (i.e., monthly doses)?

- Yes No

If so, for how many months?

35. One-time consultation